



## SPECIAL STRIDES

Thomas J. Callaghan is a Keggi patient from Massachusetts. Patients who have undergone joint replacement are encouraged to send their stories to the Foundation office.

Mr. Callaghan writes "... Thank you for a beautiful operation and a wonderful hip. I had the surgery in 2004. The following day one of the nurses got me out of bed and said "stand up, put your weight on your new hip", and with a walker we went down the corridor.

The next day while walking I saw stairs and with the nurse's permission I went up one side and down the other. I asked her if I could try it again at which point she gave me a cane to use. No more walker.

The day following my arrival home the visiting nurse came. I answered the door and she asked to see the patient. When she saw the stitches she knew. (knew what?)

Even though after three weeks I felt I could drive, I did actually wait until four weeks had passed by which time I found it easier to get in and out of the car. A few weeks later my wife gave a get-well party and all the neighbors came to join in a celebration of my fast recovery. The swelling in my knee subsided; I do not run and I do not jump and I have never looked back since my surgery..."



Thomas J. Callahan

## Tomorrow's World is Shaped Today



# STRIDES

Newsletter of the  
KEGGI ORTHOPAEDIC FOUNDATION

### Same faces, new spaces

The primary purpose for the publication of STRIDES is to keep you, our patients and our friends, aware of the Foundation and its progress. It is also our hope that you will help us to continue this effort through your generous support.

In March Orthopaedic Surgery, PC, (OSPC, medical practice for Drs. K.J. Keggi; J.M. Keggi and T.E. Kennon) moved to a new home. Part of the move included the relocation of the Keggi Orthopaedic Foundation, which now occupies space adjacent to the regular patient offices in the same building. No too far from the previous space with which we'd all become so familiar – although where some of us perhaps might have begun to feel closer than comfortable to our fellow orthopaedic patients in the crowded waiting area - the spaciousness of the new offices is inviting. Over the years the doctors' practice was growing fast, but the previous building had not kept pace with the requirements demanded by such development.

We can all relate to the packing and unpacking, the interruption in our routine, the nostalgia provoked by that forgotten gem discovered during the process, the adjustments we'll have to make and the wondering if it was a good idea. Still sensibly close to the two local hospitals, the new building – previously the old Timex building – has undergone a welcoming transformation that offers freshly

renovated walls and floors, and large picture windows through which spring can be seen creeping all around. In general, the move has brought a feeling of revival. It was a good idea!

Here we are and, finally, here too is spring! What better season for KOF to modernize the space where the work, consistently carried out by inquiring minds, takes place. The essential elements of KOF's mission, resulting from the discovery of superior techniques to better serve the orthopaedic community at home and abroad, were at no time interrupted due to the recent move. The combination of a new season and new offices at a place where teamwork continues as before, now less encumbered, puts greater emphasis on the fact that the KOF is dedicated to the humanitarian goal of helping persons with dysfunctional joints.

Patients, able to meet the challenges of an active lifestyle, are the intended beneficiaries of the work carried out in parallel undertakings by the physicians of OSPC and KOF.

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President's Message: Meeting old friends from Russia...

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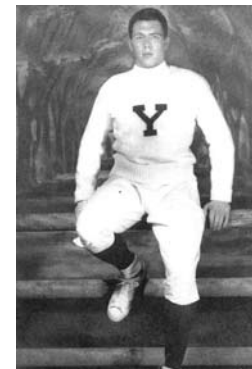
Dr. Asia Barnes again links REI-VN and KOF

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Special Strides: Mr. Callaghan thanks Dr. Keggi after surgery

### Vietnam again benefits from Western orthopaedic surgery researched here in Waterbury ...

KOF has again expanded its host objective by including a fifth surgeon from Vietnam in its Fellowship program. Dr. Asa Barnes, a Yale alumnus working with Resource Exchange International, was instrumental in fostering Dr. Le Nghi Thanh Nhan's opportunity to come to Waterbury. A surgeon from Vietnam, Dr. Nhan attributes his new understanding of the future of medicine in that country to the benefits of his training through KOF's Fellowship program. (See letter Page 3).



KJK at the start of his participation in Yale Athletics Captain, Fencing Team

### Honors and Awards

Kristaps J. Keggi, MD has also reached many goals. He recently accepted The Yale University Athletics 2005 George Herbert Walker Bush Lifetime of Leadership Award. In recognition of his contribution to the global needs for leadership during his lifetime, and his career after attending Yale University, Dr. Keggi attended a celebration at the Blue Leadership Ball.

John M. Keggi, MD, was among the Golden Attitude Award winners of Waterbury Hospital. Members of the Orthopaedic Services Department feel he is "very kind and generous with his time, and he never seems to have a bad day or negative comment. He engenders team spirit with his "can-do" attitude.



KJK with Gary Friedlaender, MD Chairman, Dept. of Orthopaedics, Yale School of Medicine

## STRIDES

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